

# THE SIXTH “ THIS WEEK...

10–14 March 2025

SELF-ADVOCACY  
AND ASSERTIVENESS:  
FINDING YOUR VOICE

As a Sixth Former, developing self-advocacy and assertiveness is a crucial skill that will benefit you both academically and personally. Being assertive means **expressing your thoughts, needs, and opinions confidently and respectfully**, without feeling the need to apologise or shy away.

Whether it's **asking for help from a teacher, contributing to class discussions, or voicing your ideas in group projects**, learning to speak up can boost your confidence and help you take control of your learning.

Remember, **assertiveness is not about being aggressive – it's about standing your ground while respecting others.**

If you struggle with this, start by practising small steps:

- ask a question in class
- request feedback on your work
- or have a direct conversation about something that matters to you.

The more you use your voice, the stronger and more self-assured you will become.



# THE SIXTH

10–14 March 2025



## YEAR 13 MOCK EXAMS

Well done to all our Year 13 students for their hard work and resilience during their mock exams. Your dedication and perseverance have been remarkable and we are incredibly proud of your efforts.

## YEAR 13 LEAVERS

Dates for Year 13 leavers have now been confirmed:

- **Friday 9th May**  
Celebration Assembly
- **W/c 12th May**  
Study Leave begins

See p.4 for further information.

## INTERNATIONAL WOMEN'S DAY

We are celebrating International Women's Day on **Monday 10th March**. We are planning a huge Just Dance session in the Sports Hall from 1.30–2pm. All girls in Years 7–13 are invited to come along and get involved. All female staff are also invited to join in and throw some shapes! So, females, please pack your trainers that day and pop along at lunchtime.

## ATTENDANCE

We place great importance on punctuality, attendance, and the timely completion of work. These habits are not just integral to academic success but are also essential in developing life skills such as discipline, responsibility, and time management. [Click here](#) to read the full letter sent out this week.

## Y12 WORK EXPERIENCE

We are delighted to hear the exciting work experience opportunities students have already confirmed and authorised on Unifrog! If any students need support, please see Mrs Hughes in the Sixth Form. We are running a Work Experience challenge to reward the first Form that ALL students have Unifrog logged and completed with a box of Krispy Kreme doughnuts! [Click here](#) to read the original letter sent out.

## GATEWAY STUDENTS

We have been invited to attend the Cambridge Conference on **Monday 24<sup>th</sup> March**. Students on the Gateway Programme are encouraged to attend. See p.5 for further information.

Lynn High School  
Sixth Form



# WHAT'S ON THIS WEEK



Please [click here](#) to view the Assessment calendar, which includes key dates for the year ahead.

## CALENDAR

10–14 March 2025

DAY	YEAR 12	YEAR 13	OTHER EVENTS
MONDAY	Mentoring and weekly reset	Mentoring and weekly reset	International Women's Day (see p.2)
TUESDAY	Assembly	Study Skills	Careers Advisor
WEDNESDAY	Work experience	UCAS – Picking your firm and insurance choice	
THURSDAY	Study Skills	Assembly	
FRIDAY	Futures Friday	Futures Friday	School Nurse, 10.45–11.15am

# YEAR 13 LEAVERS' INFORMATION

We are now able to confirm the dates for the Year 13 leavers:

- **Friday 9th May**  
Celebration Assembly (exact plans to be confirmed)
- **W/c Monday 12th May**  
Study Leave Phase One (Part study/lesson): Lessons as normal, unless you have a morning exam, you can take the previous afternoon off (leave at lunch); or an afternoon exam, and you have permission to take the morning off prior to the exam.
- **W/c Monday 19th May** (Study leave phase two): Full study leave for all.

All this information, plus further information relating to leavers arrangements such as Prom and Leavers' hoodies will be communicated in a letter next week.

- **Summer External Exams** – The final overall summer exam timetable will be confirmed and published next week.



# NEWS



## Gateway Student conference

*Monday 24<sup>th</sup> March, Haydock Racecourse*

We have been invited to attend the Cambridge Conference where Pembroke, Christ's, St John's, Peterhouse, Downing and Sidney Sussex and Magdalene Colleges will be visiting the North West, to host an admissions-themed conference.

We would strongly encourage students on the Gateway Programme, and planning to explore applying for Cambridge (or even Oxford), to attend this conference. We have 15 places available.

If interested, please refer to Mrs Neesam's email.



# NEWS



## Fantastic Florence

Visual Arts & Technology students have just returned from a sensational trip to Florence, writes Year 12 Freya Richards.

On Day 1, we ventured into the shops to experience the local cuisine and take in the surroundings of the incredible architecture around us. The evening was spent going round the Santa Maria Novella, which is one of the oldest pharmacies in the world, dating from 1221.

Day 2 involved a short walk across the city to the Uffizi Gallery where we spent a couple of hours exploring the vast array of works from a range of different artists. Some of the most famous pieces in the gallery included *'The Birth of Venus'* by Sandro Botticelli and the *'Madonna del Cardellino'* by Raphael as well as pieces from Hans Holbein, Michelangelo and Da Vinci.

Lunch was spent exploring the Mercato Centrale market where we were able to further explore the local food and Italian delicacies. In the afternoon, we visited the Galleria dell'Accademia di Firenze where we saw Michelangelo's *'David'* as well as the *'Tree of Life'* by Pacino Di Bonaguida.

*Continued overleaf*



# NEWS



Day 3 started with a visit to Salvatore Ferragamo the leading shoe designer of his time. We then made our way over to the Boboli Gardens where we explored the different styles of architecture around the gardens whilst enjoying the sunshine. To finish the day we spent the evening on the Ponte Vecchio and the surrounding areas before heading to the Hard Rock Cafe for dinner.

To wrap up a sensational trip the final morning was spent visiting the Gucci Museum, which showcased a range of different statement pieces from different decades. We then further explored the city, taking any last-minute pictures and food, before heading back to the airport



## BIRTHDAYS

- C. Berry
- B. Buchanan
- L. Dickenson
- F. Galloway-Reilly
- D. Griffin
- F. Lloyd
- M. Wardle
- J. Yearsley-Ward

# REVISION SUPPORT

YEAR 13

	Subject	Time	Room	Who
Monday	Economics (week A&B)	1.15–2pm	S106	Mrs Hill
	Maths	1.20–2pm	E103	Mrs Quilter
	Psychology (invitation only)	1.30–2pm	S109	Mrs Edge
Tuesday	Biology	1.15–2.10pm	E306	Miss Farmer / Mr O’Flynn
	PE	1.30–2pm	S208	Mr Scott
Thursday	Sociology	1.30–2pm	S109	Mrs Edge
	Economics (week A&B)	1.15–2pm	S106	Mrs Hill
	English Lit (week A)	1.35pm	A121	Miss Penketh
	English Lit (week B)	1.35pm	A117	Mrs Hartley
	History (Paper 2 India)	1.30–2pm	A202	Mrs Douglas
Friday	History (revision and exam technique)	1.30–2pm	A201	Mr Wilde





# REMINDERS

DONT FORGET TO:

## EDGE HILL TRIP

The deadline to sign up for the Year 12 Edge Hill trip on Wednesday 23rd April is **Friday 14th March**. Students who have not signed up by this date will unfortunately not be able to attend. Please find all information on ParentPay or contact Mr Mullin directly. To read the original letter, [click here](#).

## GENEVA TRIP

Please can Year 12 Physics and Maths students reply to the survey sent about the Geneva 2025 trip if they would like to have the opportunity to attend. The survey was sent via Class Charts and email.

## YEAR 12 PARENTS' EVENING

This is taking place on **Thursday 20th March**. Students should ensure they have scheduled Parents' Evening appointments with class teachers by the end of this week. [Click here](#) for a reminder of the letter sent to Parents.

## UCAS EXTRA

[UCAS Extra](#) opened on **Wednesday 26th February**, allowing applicants with no offers or who have rejected all offers to apply for one course at a time until they receive a decision. This service runs until **Friday 4th July**. Before rejecting any offers, speak with a Sixth Form team member, as it carries risks.

## DofE PRACTICE EXPEDI-

The Gold Practice Expedition will take place on **Monday 17th to Wednesday 19th March**. Students should now have their walking groups arranged. Please ensure that lifts are also arranged to drop off and pick up the students. [Click here](#) for a reminder of the locations. Students should speak with their teachers to ensure they catch up on missed work from lessons.

**TELL US!**



INVESTIN

# The UCAS Personal Statement is changing

*Everything you need to know*




## The Ucas Personal Statement is Changing A free webinar for students and parents

UCAS have recently amended the personal statement format from one longer essay to three structured questions, affecting all students applying to a UK university from next year onward.

InvestIN are running a free, interactive webinar led by experts, on everything you need to know about this change and how to ensure your application stands out in this new format.

Register Now



If you cannot attend live, please register to automatically receive the recording.



info@investin.org

+44 (0) 203 488 5089

www.investin.org

## Nottingham Trent Taster Subjects

Nottingham Trent University has designed a series of activities with its current students and teaching colleagues to help inform students about how it runs its courses. Upcoming events include:

- **Business Twilight Talk**  
*Tuesday 25th March, 4.15–6pm*
- **Psychology Twilight Talk**  
*Tuesday 29th April, 5–7pm*
- **Business Twilight Talk**  
*Tuesday 29th April, 4.15–6pm*
- **Experience Architecture**  
*Wednesday 14th May, 10–3pm*
- **Business Twilight Talk**  
*Tuesday 20th May, 4.15–6pm*
- **Experience Business**  
*Wednesday 21st May, 10–2.30pm*
- **Experience Childhood Studies**  
*Tuesday 3rd June, 10–2pm*
- **Experience Fashion**  
*Wednesday 4th June, 11–3pm*
- **Experience The Built Environment**  
*Wednesday 11th June, 10–2pm*
- **Experience History**  
*Thursday 12th June, 10–3pm*



To see the full listing and get more information, [click here](#).

# FUTURES

# OPPORTUNITIES

## King's Entrepreneurship Lab Essay Competition

*Deadline for entries: Friday 25th July*

The aim of the King's Entrepreneurship Lab Essay Competition is to encourage Year 12 and 13 students to pursue entrepreneurial aspirations. It is particularly keen to foster the entrepreneurial spirit among students who might not traditionally consider entering the world of business and hope this competition encourages more young people to apply to Oxbridge and Higher Education. More details about the E-Lab can be found [here](#).

Students should choose between one of the three essay questions below:

- Q1: What makes a great business idea? Discuss how entrepreneurs can identify and evaluate opportunities for a (potentially) successful venture. Provide examples.
- Q2: What are the biggest challenges faced by start-ups in their early stages, and how can entrepreneurs overcome them? Provide examples.
- Q3: How do entrepreneurs build a strong team, and why is this important for a start-up's success? Provide examples.

Eligible students from all backgrounds and regardless of subjects studied are welcome to enter the competition. Winners will be invited to a prize-giving ceremony, held in King's College, Cambridge in Autumn 2025. The winner will receive a £1500 cash prize, with two runners-up prizes of £750.

The choice of questions and full details on eligibility and the rules can be found on the website [here](#).



# FUTURES

# OPPORTUNITIES



## Summer schools for curious minds

Debate Chamber Summer Schools offer immersive, university-style learning for ages 11–18. With courses in Medicine, Law, International Relations, Physics, and more, students develop critical thinking, confidence, and subject expertise – all while learning from experienced and knowledgeable tutors.

Whatever the subject, from Medicine to Mathematics, students will have the opportunity to really test their academic mettle, develop their intellectual curiosity, and meet new friends who share their interests and ambitions. Experience-based learning is used to help bring the material alive for students. This signature blend of engaging practical activities and challenging academic content means that students connect with the course content in a way that is exciting and memorable. Working in small groups offers participants a real chance to get to know tutors and fellow students, and to receive lots of individual feedback and advice.

If you'd like to explore further, visit the website [here](#) for full course listings, bursary information and student testimonials.



## Key Apprenticeship Links

- [Current apprenticeships in the Warrington area](#)
- [Higher & Degree Apprenticeship Vacancies - October 2024](#)
- [Cheshire and West Apprenticeship Opportunities](#)
- [Search for an apprenticeship – GOV.UK](#)
- [A Guide to Traineeships and Apprenticeships - Lymm Sixth Form](#)
- [Not Going To Uni - Search for Opportunities](#)
- [Liverpool John Moores University - Apprenticeships Courses](#)
- [Manchester Metropolitan University - Become A Degree Apprentice](#)
- [Apprenticeships | University of Salford](#)
- [Programmes - Apprenticeships - The University of Manchester](#)
- [Search apprenticeships | UCAS](#)
- [NHS Apprenticeships](#)
- [Linkedin - Degree Apprenticeships](#)



## Need More Help?

Our Careers Advisor, Ms Draper, is available for one-on-one support. Contact Mr Brown at Sixth Form Student Services to book an appointment (nbrown@lymmhigh.org.uk).

## Register for New Degree Apprenticeship Alerts:

- [Indeed](#)
- [Total Jobs](#)
- [Rate My Apprenticeship](#)
- [Prospects](#)

## Apprenticeship Spotlight

### Level 6 Rail & Rail Systems Engineer Apprenticeship



Job title:	Level 6 Rail & Rail Systems Engineer Apprenticeship – Civil and Geotechnical Design
Company:	UM for Network Rail
Location:	Manchester
Entry requirements:	A' Level BBB including Maths and/or Physical Sciences (120 UCAS points)
Salary:	£24,000 PA
Start date:	15th September 2025
Application deadline:	10th April 2025
Link:	<a href="https://uk.indeed.com/viewjob?jk=1578902c6412f639&amp;from=shareddesktop">https://uk.indeed.com/viewjob?jk=1578902c6412f639&amp;from=shareddesktop</a>



# CAREERS

Our [careers website](#) includes a [calendar of events](#), [labour market information](#) and a link to [Unifrog](#).



In Cheshire and Warrington, the industry sectors that are growing include life science, digital & technology, logistics & distribution, energy, zero carbon and clean growth. Find out more [here](#) .

Key sectors with significant levels of employment are: chemicals, manufacturing & engineering, finance & business services, and health & social care.

## Upcoming Events

- **PwC Females of the Future Insight Day Event**  
*Tuesday 11th March, 2–5pm, Manchester*
- **Insight to BDO Accounting & Professional Services**  
*Tuesday 11th March, 5–7pm (virtual)*
- **Waterside Training Apprenticeship Open Evening**  
*Wednesday 19th March, 5–7pm*
- **PwC Virtual Insight Programme**  
*29th to 31st July*

For details of all these events and more, [click here](#).





To view the latest online University events, [click here](#).

These are listed in chronological order and include Open Days (in-person and virtual), online chats and webinars. Students can browse these events and engage with higher education from the comfort of their mobile, tablet or computer.

# UCAS

- **Education Taster Day at ManMet**  
*Wednesday 12th March*
- **Health and Social Care Taster Day at ManMet**  
*Wednesday 26th March,  
10–12.30pm*

- **Humanities, Cultures and Environment Experience Day**  
*Wednesday 19th March, Exton Park Campus, Chester, 10–2pm*

For details of these events and more, [click here](#) to access our dedicated UCAS webpage, and click the button '***What's on this month***'.